New Student PLO Coaching Questionnaire

The purpose of this questionnaire is:

- To provide an introduction to your current poker and PLO play.
- To identify in a basic sense what your poker/PLO strengths and weaknesses are.
- To describe your poker/PLO goals/
- To establish what you want to gain from coaching.

There are a couple of questions, such as what type of program you want and whether you have bought written material from me, where I may already know the answer. It is still valuable to me/us to note that information here.

Anyway, to the questionnaire. Please reply in bold/italics/color to distinguish your responses easily. Thanks. Feel free to create extra space if needed.

1. What games/stakes/#tables/#hours/hands per month do you currently play, and with what winrate? What % of your play is PLO?

2. What games/stakes/etc/winrate improvements do you **realistically** want over the next six months, via this coaching and other vehicles (videos, reading, personal study using analysis tools, forum posting, other coaching)? What % of your play do you want to be PLO in 6 months?

3. Besides private coaching, which study methods do you prefer, whether among those listed or other?

4. What type of coaching (theory, hand analysis, stats analysis) and number of lessons are you interested in? If you are getting a 6 or 10 lesson package do you want the theory package or a mixture of the three lesson types?

5. Have you purchased any written material from me? If so, a) how much have you spent (relevant for pricing) and b) do you want any module or chapter specific lessons.

6. Are you a runitonce.com elite member? If so, you receive a 10% discount. If so, what is your username?

7. Rate yourself on the following poker skills relative to the player pool you play in most frequently, with 10 being the best or near the best at those stakes, and 0 being among the worst semi-competent players. Include notes as appropriate.

   - Math (Situationally understanding equity/EV/stats)

   - Psychology (Understanding how/why opponents do what they do and reacting exploitively).

   - Adaptability (Having a flexible strategy that adjusts to the table)

   - Applied Memory (Using memory of previous situations to make better decisions against a specific player or type of player)

   - Pattern Recognition (Betting patterns/lines (yours and others))

   - Playing Your A--Game

   - Additional Comments/Thoughts on any of the above?

8. Rate yourself on the same 0-10 scale on the following PLO knowledge/play:

   - Combinatorics (dealt frequencies, frequency hands flop stuff, how many/what type of hands hit various flops and with what frequency. Impact of blockers).

   - Board Texture – (differentiation of boards based on high-card, connectedness, and suitedness character and meaning for PLO ranges)

   - Equity (core hand v hand equities, hand v range intuition in-game, hand v range analysis using simulator)

   - EV (the basic math + ability to estimate opponent actions/ranges to accurately assess if a decision is +EV)

   - Pre-Flop Play

   - Flop Play

   - Turn Play

   - River Play

   - Additional Comments/Thoughts on any of the above?

9. What situation(s) give you the most difficulty? Examples could be an opponent type, a board texture, 3-bet pots, OOP with certain hand types, etc.

10. In what situations are you most comfortable?